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Press release 09.10.2019

Our Banana Blossom, a clever alternative to meat

Ready-to-eat, vegan, gluten and soy free, the banana blossom comes directly from Sri Lanka to your plate.



Everybody knows bananas. But what about the blossom and the heart? The banana blossom grows at the end of the banana tree. It hides the beautiful banana heart between its petals. Because of its beauty, the purple banana blossom stands out on every colourful fruit and vegetable market in Sri Lanka. It is, however, a common meal throughout Asia.

The delicate inner leaves and the middle strand are used. The banana blossom is often used in curries but it also makes a perfect addition to salads and soups. As its taste and consistency is similar to artichoke, it can be used for the perfect vegan (meat) salad.

The banana blossom will be in stock from 06 January 2020 and can be ordered regularly.

(183 words/ 1125 keystrokes)

Yours sincerely

Govinda Natur GmbH
Stephanie Heim