

“Zeedoros”
life-giving land
pasta



The **HELIOS**
Life-giving land
(“Zeedoros”) pasta is
the **HELIOS Pasta**
Industry’s newly
introduced product
for those seeking
a more nutritious
option in their
daily diet.

This innovative HELIOS pasta line is based on a recipe inspired by rich Greek gastronomic tradition and is made exclusively with **organic Emmer-Farro wheat**. The Emmer-Farro wheat (*Triticum Dicocum*) variety is able to retain most of its nutritional properties, as nature has endowed it with a resilient outer husk that adheres to the grain until it is removed by special processing.

It is one of the oldest types of wheat found in Greece, and ideally suited to mild forms of sustainable farming. It is a source of protein and natural fibre, and is also rich in minerals and thiamine.

The nutritional superiority of emmer can now be enjoyed in every home with **HELIOS Life-giving land (“Zeedoros”)** organic pasta. It is more nutritious, tastier and easier to digest.

You can choose this natural nutritional treasure for your family's daily diet through a large variety of products: spaghetti 6 and penne rigate and whole wheat spaghetti 6, whole wheat macaroni, whole wheat penne rigate and whole wheat orzo - all organic farming products.

HELIOS **Life-giving land (“Zeedoros”)** organic pasta from Emmer-Farro dicocum wheat won the **Silver award** in the **“Food”** category at the **Packaging Innovation Awards 2019**. They also received the **gold and bronze Healthy Diet 2020 Awards** in the **“Vegan products”** category.

Enjoy their delicious flavour in a nutritious and filling meal!

