



**HELIOS**  
**ORGANIC**  
**COUS COUS**  
at  
**BIOFACH2020**  
HALL 4, STAND 4-571



**HELIOS Pasta Industry** is launching its gluten free organic cous cous range at **BIOFACH**, the World's Leading Trade Fair for Organic Food in Nuremberg from **12 to 15 February 2020**.

**HELIOS Organic Cous Cous** is **quick cooking** and ready to serve in just a few minutes. It is an eco-friendly dish as it can also be prepared using a small amount of water at room temperature, without any kind of energy consumption. You can enjoy it in a wide variety as it is ideal for cold and hot plates, traditional and ethnic dishes, appetizers, salads and desserts. It can be combined with meat, fish, poultry, vegetables or dried fruit and honey to sweet recipes.

**HELIOS Organic Cous Cous** is **gluten free**, low-fat and rich in proteins. This makes it ideal for people with celiac disease, or with intolerance to gluten and its derivatives, as well for athletes or people opt for a healthier lifestyle! It is an excellent choice for daily diet as it provides a good source of energy and at the same time it allows to feel light and fit thanks to its high digestibility for all ages.

Try one of our organic HELIOS gluten free range:

1. **HELIOS Organic Cous Cous from Chickpeas and Red Lentils**
2. **HELIOS Organic Cous Cous from Buckwheat**
3. **HELIOS Organic Cous Cous from Corn, Rice and Chickpeas, a lovely combination for kids.**

HELIOS Pasta Industry from Greece remains a pioneering company in the pasta sector with innovative products – allies in a balanced diet – that have won awards at international tasting competitions and are produced according to strict International Standards. HELIOS is proud to be constantly building up new commercial relationships and making the quality of its products known throughout the world.

We invite you to visit our stand at the Exhibition Centre Nuremberg, **Hall 4, Stand 4-571!**

See you there!

